



Summer Festival of Learning

July 2010

Try out something
NEW
before September

Discover a College full
of opportunities...

**tasters, intensives, events,
exhibitions, summer fair,
advice & information,**
and much more...

Centre information

Sidcup Arts & AEC

Alma Road
Sidcup
Kent DA14 4ED
☎ 020 8300 1056

Bus Routes: 51, 229, 269, 233,
286, 160, 492

Brampton Road AEC

5 Brampton Road
Bexleyheath
Kent DA7 4EZ
☎ 020 8303 2541

Bus Routes: 89, 96, B16, B15,
B14, B12, 422

Crayford Manor House AEC

Mayplace Road East
Crayford
Kent DA1 4HB
☎ 01322 521463

Bus Routes: 492, 99

How to enrol

To enrol for a course or to
book your place on a free
session, telephone the
relevant centre or the number
listed.

Find out about a career in

FREE Information Sessions

Alternative & Beauty Therapies

ITEC Qualifications

ITEC applicants must first attend a FREE information, assessment and interview session, at which the course will be explained in more detail.

■ Interviewing Full Level 3 courses and part time evening courses

Saturday 10 July 10:00 - 13:00

Tutors: Val Ecob

Terie Hopkins

Lesley Wollard

Sidcup Arts & AEC

Applicants accepting a place offered must complete a College enrolment and awarding body registration procedures. This must be completed on the day of their interview to secure their place.

Please call to book your interview:

☎ 01322 552556

Careers in Childcare

Information Session

Find out more about working with children and families. FREE guidance and advice on suitable courses. This is a drop-in session, there is no need to book, just turn up!

Saturday 10 July 10:00 - 13:00

Sidcup Arts & AEC

Careers in Counselling

Information Session

Find out more about the route to counselling and the different courses on offer.

Monday 5 July 12:30 - 13:30

Saturday 10 July 12:30 - 13:30

Sidcup Arts & AEC

Friday 9 July 15:30 - 16:30

Crayford Manor House AEC

Careers in Floristry

Experience Session

See overleaf - Two Days in the Life of a Florist.

5 & 6 July £30.00

Careers in the Fitness Industry

Information Session

This is a drop-in session, there is no need to book, just turn up!

Course 0908B807 FREE

Wednesday 8 July 10:00 - 12:00

Brampton Road AEC

Careers in the Fitness Industry

■ Level 2 Fitness Instructing (Exercise to Music)

■ Level 2 Fitness Instructing (Exercise & Physical Activity for Children)

■ Level 2 Award in Chair Based Exercise for the Frailer Older Person

Saturday 10 July 10:00 - 12:00

Brampton Road AEC

Please call to book your place:

☎ 020 8303 2541

Careers in Hairdressing

Information & Advice Session

A demonstration on hair techniques and free consultation and advice session.

Course 0907B105 FREE

Tuesday 6 July 10:00 - 14:30

Brampton Road AEC

Careers in Horticulture

Information Session

This is a FREE drop-in session, there is no need to book, just turn up!

Saturday 10 July 12:30 - 13:30

Sidcup Arts & AEC

Summer Tasters

Find out for a Fiver

Come and try out something new for just £5 before classes start in September.

Monday 5 July

Embroidery

Try this relaxing and creative craft with an expert in the field. Materials will be provided.

Course 0909S401 Fee £5.00

Monday 5 July 10:00 - 12:00

Sidcup Arts & AEC

Buttonholes & Posies

Come and try your hand at making a buttonhole and a small posy and find out about floristry courses starting in September.

Course 0903S903 Fee £5.00

Monday 5 July 19:00 - 21:00

Sidcup Arts & AEC

Digital Photography

Talk photography with an experienced professional photographer; bring your camera and pick up some useful hints to take better photographs!

Course 0909S530 Fee £5.00

Monday 5 July 19:00 - 21:00

Sidcup Arts & AEC

Tuesday 6 July

German taster

Fancy learning some German? Join us and have a go! Suitable for absolute beginners.

Course 0912B290 Fee £5.00

Tuesday 6 July 09:30 - 11:30

Brampton Road AEC

English Activities

Worried about writing? Shaky on spelling? This session will give you a taste of how to get around your problems - not to be missed.

Course 0914B900 Fee £5.00

Tuesday 6 July 10:00 - 12:00

Brampton Road AEC

Patchwork & Quilting

A short taster in the beautiful art of making quilts and decorative squares.

Course 0909B413 Fee £5.00

Tuesday 6 July 10:00 - 12:00

Brampton Road AEC

Bead & Wire Jewellery

Learn the basic bead and wire techniques to make pretty jewellery such as earrings, necklaces and bracelets.

Course 0909S293 Fee £5.00

Tuesday 6 July 10:00 - 12:00

Sidcup Arts & AEC

FREE Guidance & Information

Free Guidance Session

If you are returning to learning or work and need some help or advice about where to start then come along to this free, impartial session. One of our qualified team will help you explore your options and the right course of action for you.

Thursday 8 July 10:00 - 15:00

Sidcup Arts & AEC

Please call to book your place:

☎ 020 8298 2822

Home Educated Programme Information Session

Would you like to know more about our Home Educated Programme? Then take this opportunity to come along and meet some of the staff and the learners who are and have been part of this successful programme.

This is a drop-in session, there is no need to book, just turn up!

Course 0912C960 FREE

Saturday 10 July 10:00 - 12:00

Crayford Manor House AEC

How to write a CV

FREE

Need guidance and advice to help to put together a CV? Then come along to this free session with practical help and tips to help you write a winning CV!

Monday 5 July 13:00 - 15:00

Brampton Road AEC

Please call to book your place:

☎ 020 8298 2822

Neuro Linguistic Programming

Discover the principle of NLT to change behaviour and to take control of your life.

Course 0901S118 Fee £5.00

Tuesday 6 July 10:00 - 12:00

Sidcup Arts & AEC

French Taster

Fancy learning some French? Join us and have a go! Suitable for absolute beginners.

Course 0912B490 Fee £5.00

Tuesday 6 July 12:00 - 14:00

Brampton Road AEC

Spanish Taster

Fancy learning some Spanish? Join us and have a go! Suitable for absolute beginners.

Course 0912B490 Fee £5.00

Tuesday 6 July 14:30 - 16:30

Brampton Road AEC

British Sign Language

Fancy learning some sign language? Join us and have a go! Suitable for beginners.

Course 0912B990 Fee £5.00

Tuesday 6 July 19:30 - 21:30

Brampton Road AEC

Japanese Taster

Fancy learning some Japanese? Join us and have a go! Suitable for absolute beginners.

Course 0912B690 Fee £5.00

Tuesday 6 July 18:00 - 19:00

Brampton Road AEC

Arabic Taster

Fancy learning some Arabic? Join us and have a go! Suitable for absolute beginners.

Course 0912S690 Fee £5.00

Tuesday 6 July 18:00 - 20:00

Sidcup Arts & AEC

Wednesday 7 July

Understanding your Digital Camera

Examining the functions and controls, buttons and menu items; considering the best settings for different picture taking situations.

Course 0906S900 Fee £5.00

Wednesday 7 July 09:30 - 11:30

Sidcup Arts & AEC

Special Exercise Rehabilitation Class

Try this rehab class if you are prevented from keeping up with a mainstream exercise class.

Course 0908B803 Fee £5.00

Wednesday 7 July 10:00 - 11:45

Brampton Road AEC

Neuro Linguistic Programming

Discover the principle of NLT to change behaviour and to take control of your life.

Course 0901S669 Fee £5.00

Wednesday 7 July 10:00 - 12:00

Sidcup Arts & AEC

Beginners Photography

After learning how to use your camera, this course will teach you how to take better pictures.

Course 0906S904 Fee £5.00

Wednesday 7 July 12:00 - 14:00

Sidcup Arts & AEC

Painting

Try your hand at watercolour painting. Materials provided.

Course 0909S167 Fee £5.00

Wednesday 7 July 10:00 - 12:00

Sidcup Arts & AEC

Course 0909S166 Fee £5.00

Wednesday 7 July 13:00 - 15:00

Sidcup Arts & AEC

Silver Jewellery

A taster and demonstration of some of the techniques used to create silver jewellery.

Course 0909S294 Fee £5.00

Wednesday 7 July 13:00 - 15:00

Sidcup Arts & AEC

Digital Photo Editing

Learn how to enhance your pictures using the industry standard application Adobe Photoshop.

Course 0906S908 Fee £5.00

Wednesday 7 July 14:30 - 16:30

Sidcup Arts & AEC

Iyengar Yoga

A great opportunity to try yoga.

Course 0908B805 Fee £5.00

Wednesday 7 July 18:15 - 19:15

Brampton Road AEC



Iyengar Yoga - Intermediate

Learn some great yoga exercises.

Course 0908B806 Fee £5.00

Wednesday 7 July 19:30 - 21:00

Brampton Road AEC

Family History on the Internet

Search for your family history online. Discover a variety of sites and how to access them.

Course 0910S410 Fee £5.00

Wednesday 7 July 10:00 - 12:00

Sidcup Arts & AEC

ESoL Preparation for Work

English for Speakers of other Languages.

Course 1014E81F Fee £5.00

Wednesday 7 July 10:00 - 12:00

Brampton Road AEC

Thursday 8 July

Understanding your Digital Camera

Examining the functions and controls, buttons and menu items; considering the best settings for different picture taking situations.

Course 0906S902 Fee £5.00

Thursday 8 July 09:30 - 11:30

Sidcup Arts & AEC

Internet KidSafe

Are you worried about the safety of your children using the Internet? This course will show you how to take control and minimise the risks.

Course 0906S912 Fee £5.00

Thursday 8 July 10:00 - 11:30

Sidcup Arts & AEC

Maths Workout

Muddled by multiplication? Frazzled by fractions? Try our resources and activities. Adult Numeracy can get you on track.

Course 0914B901 Fee £5.00

Thursday 8 July 10:00 - 12:00

Brampton Road AEC

Pottery

Get your hands dirty and make a simple pot.

Course 0909S295 Fee £5.00

Thursday 8 July 10:00 - 12:00

Sidcup Arts & AEC

Balloon Artistry

Have some fun and try something new. At the end of this session you will be able to take home a beautiful arrangement of balloons.

Course 0914S300 Fee £5.00

Thursday 8 July 10:00 - 12:00

Sidcup Arts & AEC

Drawing

Some great tips on how to improve your drawing. Materials will be provided.

Course 0909S168 Fee £5.00

Thursday 8 July 10:00 - 12:00

Sidcup Arts & AEC

Beginners Photography

After learning how to use your camera, this course will teach you how to take better pictures.

Course 0906S906 Fee £5.00

Thursday 8 July 12:00 - 14:00

Sidcup Arts & AEC

Security on the Internet

This course examines ways you can improve your security whilst online, including computer settings and available software as well as useful advice and tips.

Course 0906S914 Fee £5.00

Thursday 8 July 12:30 - 14:00

Sidcup Arts & AEC

Buttonholes & Posies

Make a buttonhole and a small posy and find out about our floristry courses.

Course 0903S904 Fee £5.00

Thursday 8 July 12:30 - 14:30

Sidcup Arts & AEC

Solving Family History Problems - Internet

If you have done some research but now need help or you don't know where else to search, we will point you in the right direction.

Course 0910S411 Fee £5.00

Thursday 8 July 13:00 - 15:00

Sidcup Arts & AEC

Hatha Yoga

A great opportunity to try yoga.

Course 0908S784	Fee £5.00
Thursday 8 July	19:15 - 21:00
Sidcup Arts & AEC	

Digital Photo Editing

Learn how to enhance your pictures using the industry standard - Adobe Photoshop.

Course 0906S910	Fee £5.00
Thursday 8 July	14:30 - 16:30
Sidcup Arts & AEC	

Friday 9 July

Enamelling

A short taster and demonstration of enamelling. Putting coloured powders on to copper and firing in a kiln to create brightly coloured objects and jewellery.

Course 0909S292	Fee £5.00
Friday 9 July	10:00 - 12:00
Sidcup Arts & AEC	

Web Design Using Dreamweaver

Get a taste of what it is like to design a web page using the industry standard.

Course 0906S916	Fee £5.00
Friday 9 July	12:30 - 14:00
Sidcup Arts & AEC	

Creative Writing for Pleasure

Do you enjoy writing poetry, stories or articles? Experience what our creative writing courses have to offer.

Course 0912B963	Fee £5.00
Friday 9 July	12:45 - 14:45
Brampton Road AEC	

Sowing & Growing

Have a go at taking cuttings and sowing seeds. Find out about the new RHS courses we will be running from September.

Course 0903S951	Fee £5.00
Friday 9 July	19:30 - 21:00
Sidcup Arts & AEC	

Alexander Technique

Learn some helpful tips on how to change bad posture habits to feel fitter and healthier.

Course 0908C801	Fee £5.00
Friday 9 July	13:30 - 15:00
Crayford Manor House AEC	

Web Design Using Dreamweaver

If you have developed a taste for designing your own website, then this course will help you to set up your site and images in the most efficient way.

Course 0906S918	Fee £5.00
Friday 9 July	14:30 - 16:00
Sidcup Arts & AEC	

Saturday 10 July

Iyengar Yoga

A great opportunity to learn some yoga exercises.

Course 0908B804	Fee £5.00
Saturday 10 July	10:00 - 11:30
Brampton Road AEC	

Salsa

The passionate exciting Latin American dance - it's much easier than you'd think!

Course 0909S318	Fee £5.00
Saturday 10 July	10:00 - 12:00
Sidcup Arts & AEC	

Parent & Child Yoga

Improve strength, flexibility, balance and co-ordination and learn breathing exercises to improve the ability to focus and relax. 1 child to 1 parent. Child must be 5 years or over.

Course 0908C800	Fee £5.00
Saturday 10 July	13:00 - 14:30
Crayford Manor House AEC	

One Day Courses

Mixed Media with Silver Clay

Creating jewellery from Silver Clay and a range of other materials.

Course 0909S290	Fee £30.00
Thursday 1 July	10:00 - 16:00
Sidcup Arts & AEC	

Beads & Bracelets in Polymer Clay

Learn how to use this versatile and highly mouldable material to make beautiful bracelets together with beads.

Course 0909S291	Fee £30.00
Thursday 8 July	10:00 - 16:00
Sidcup Arts & AEC	

Summer Shorts & Intensives

Two Days in the Life of a Florist

This practical two-day session will simulate the everyday routine of working in a florist. Advice will also be given about courses starting in September.

Course 0903S902	Fee £30.00
Monday 5 July	09:30 - 15:00
Tuesday 6 July	09:30 - 15:00
Sidcup Arts & AEC	

Viva Italia!

Discover all things Italian

Learn to speak some of the most beautiful and lyrical language in the world; cook some classic Italian cuisine and sample the wines that complement the mediterranean flavours. Discover the unique flair of Italian film and the turbulence of its history. This short introduction to all things Italian is offered over the week. The fee includes all four sessions and there will be a small additional charge for ingredients in the Cook Italian Class*.

Course 0912C390	Fee £20.00	
Learn Italian	Tue 6 July	19:30 - 21:30
Film Italia	Wed 7 July	19:30 - 21:30
Cook Italian*	Thur 8 July	18:30 - 21:30
Italian History	Sat 10 July	10:00 - 12:00
Crayford Manor House AEC		

Basic Bricklaying

Try your hand at bricklaying. Find out how to build a wall using English bond as well as how to build a cavity wall. Please bring gloves and sturdy footwear. This taster runs over 3 weeks.

Course 0905S970	Fee £15.00
Tuesday 29 June	18:30 - 21:30
Tuesday 6 July	18:30 - 21:30
Tuesday 13 July	18:30 - 21:30
Sidcup Arts & AEC	

Intensive French

A lively and interactive class which is ideal for anyone who wants to refresh and consolidate their French in an intensive and fast paced class. You should have studied French for 2 - 3 years.

Course 0912S104	Fee £48.00
Monday - Thursday	18:30 - 21:30
Starts 5 July	
Sidcup Arts & AEC	

Intensive Spanish

A lively and interactive class which is ideal for anyone who wants to learn Spanish rapidly! It is suitable for those with little or no knowledge of Spanish.

Course 0912S413	Fee £64.00
Monday - Thursday	19:30 - 21:30
Starts 5 July	
Sidcup Arts & AEC	

Festival Events

Showcase Evening

Creative Writing Showcase and Exhibition of Arts & Crafts

An evening of recital, written and performed by learners in our Creative Writing classes plus the opportunity to view our summer festival of art and craft work produced by our talented students.

Refreshments are included in the ticket price.

Course 0912S961	Tickets £3.50
Thursday 8 July	18:30 - 21:30
Sidcup Arts & AEC	



Summer Fair & Dog Show

Come and have a fun day out at our Summer Fair - there will be plenty of activities including a dog show and games for all the family. In addition there will be arts and craftwork for sale, jewellery and plants. You can indulge in a cream tea and try your luck in our raffle.

This is a fun day out for all the family and raises money for a good cause.

Saturday 10 July	11:00 - 15:00
Crayford Manor House AEC	