

ITEC Programme Information

General Information

Applicants should be aware of the following important points:

- A high degree of commitment is required to successfully complete the courses.
- A high volume of work at home is required to complete the coursework, appropriate to course level.
- Attendance of a minimum of 80% each term is essential and is monitored by the awarding body.
- Students are required to be punctual and maintain a high degree of Health and Safety for each session – it is disruptive and discourteous to both tutor and fellow learners to arrive late.
- Students are advised to read the enclosed documents carefully before enrolling on a course as we are unable to offer a refund of fees.
- Transfer to another current course can be arranged, if appropriate, for a small administration fee (providing there is an available place) – any additional fee would be payable and no refund can be offered.
- In the interests of the learner, the tutor has the right to refuse or defer enrolment to a student if, in their professional judgement, that particular course is inappropriate for the learner at that time.
- Interviews: please telephone 0208 269 8991 leaving your name, telephone number and the title of the course you are interested in. If you are unsure please state the subject and whether a day or evening course is required. We will get back to you as soon as possible with details of the interview.
- Examination costs for all levels (which include certification and administration fees) are included in the course fee. Students on funded places must be aware that examinations costs remain payable and must be paid on enrolment.

Please ask centre office staff for a course outline for any course you may be interested in, quoting the course number from the brochure.

Please complete an enrolment form and take it with you to the interview with any other relevant documents, eg certificates.

ITEC Programme Information

ITEC Diploma Level 3 in Anatomy & Physiology

This award is the foundation upon which all other Complementary and Sports Therapy awards are based. It is comprised of several units encompassing all systems of the body. This award or an ITEC approved equivalent will be required for students enrolling on the ITEC Diploma in Reflexology, Holistic Massage, Aromatherapy and Sports Massage courses.

Entry requirements – because of the standard of work expected, students are required to have obtained at least five GCSE's grades A*-C standard or equivalent. All students must be approved by the tutor before enrolling on this course.

ITEC Diploma in Holistic Massage Level 3

Swedish massage skills through practical demonstration and observed practice.

Entry requirements – students must hold the ITEC Diploma in Anatomy and Physiology Level 3 or equivalent and ITEC Certificate in Professional Conduct and Business Awareness (this course can be studied concurrently). All students must be approved by the tutor before enrolling on this course.

ITEC Diploma in Aromatherapy Level 3

This course covers the history of aromatherapy, essential oils, knowledge of blending, contra-indications, therapeutic uses and applicable massage techniques.

Entry requirements – it is recommended that candidates should have achieved a level of education to five GCSE's at grades A*-C (preferably to include English Language, a science subject and/or GCSE in Physical Education) prior to commencing this course. However, exemptions may be made for adult returners with experience of the work place and this will be determined at the interview. Candidates need to have completed Level 3 ITEC Anatomy and Physiology and Holistic Massage Diplomas, also ITEC Level 2 Professional Conduct and Business Awareness (this course can be studied concurrently). All students must be approved by the tutor before enrolling on this course.

ITEC Diploma in Indian Head Massage Level 3

This course covers the techniques involved in releasing muscular tension from shoulders, neck, head and face.

Entry requirements – students must have already completed the ITEC Diploma in Anatomy and Physiology Theory, or an ITEC approved equivalent, and the Certificate in Professional Conduct and Business Awareness (this course can be studied concurrently). All students must be approved by the tutor before enrolling.

ITEC Diploma in Reflexology

A professional course including theory, practical, anatomy, physiology and case studies.

Entry requirements – students must be qualified in Anatomy and Physiology and either qualified in or currently studying ITEC Professional Conduct and Business Awareness. All students must be approved by the tutor before enrolling on this course.

ITEC Diploma in Sports Massage

The course will enable students to assess a client, study the effects of exercise and training together with injury prevention and advanced massage techniques.

Entry requirements – students must have the ITEC Diploma in Anatomy and Physiology Theory or another equivalent ITEC approved qualification and the Diploma in Holistic Massage. Students will also need to have the ITEC Certificate in Professional Conduct and Business Awareness. All students must be approved by the tutor before enrolling on this course.

ITEC Diploma in Diet & Nutrition for Complementary Therapies Level 3

This course covers the main nutrients required for a healthy diet, deficiencies, disorders and key illnesses associated with diet.

Entry requirements – students must already have a Diploma in a Complementary Therapy, ITEC Diploma in Body Treatments or equivalent. All students must be approved by a tutor before enrolling.

ITEC Diploma in Lymphatic Drainage Massage Level 3

This course covers the theory of all treatments and the knowledge and skills to perform a lymphatic drainage treatment successfully.

Entry requirements – students must hold Level 3 Diploma in Holistic Massage or ITEC Level 3 Diploma in Body Treatments. All students must be approved by the tutor before enrolling on this course.

ITEC Diploma for Beauty Specialists Unit 9

This course covers skincare and eye treatments, at a level 2 standard, using professional 'Susan Molyneux' products.

Entry requirements – a good understanding of English to GCSE grade A*-C standard. All students must be approved by the tutor before enrolling on this course.

ITEC Diploma for Beauty Specialists Unit 10

This course covers the selection and application of make-up for various skin types, conditions and occasions.

Entry requirements – a good understanding of English to GCSE grade A*-C standard. All students must be approved by the tutor before enrolling on this course.

ITEC Diploma for Beauty Specialists Unit 11

This course covers massage for hands and feet, manicure and pedicure treatments, nail conditions, diseases and disorders, skin anatomy and physiology of the lower arms and legs.

Entry requirements – a previous knowledge in science or beauty related subjects would be helpful. All students must be approved by the tutor before enrolling on this course.

ITEC Diploma for Beauty Specialists Unit 12

This course covers the endocrine system, hair removal methods including hot and cold wax, skin and hair structure and growth.

Entry requirements – a previous knowledge in science or beauty related subjects would be helpful. All students must be approved by the tutor before enrolling on this course.